

21
Nursing
CE's!

Bring a Wellness Opportunity to Your Community!

No Prior
Tai Chi
Experience
Needed!

Become a Certified Tai Chi Easy™ Practice Leader



**Tai Chi Easy™
Practice Leader Training**
Friday, November 16 –
Sunday, November 18, 2018
8:00 am - 5:00 pm, each day

**Embassy Suites at Hughes Landing
1855 Hughes Landing Blvd.
The Woodlands, TX. 77380**

This 3-day training empowers individuals to learn for themselves—and share with others—compelling, fun and accessible evidence based self-care practices. Tai Chi Easy™ blends a simple medical Qigong technique with carefully chosen Tai Chi exercises that can be done in bed, while seated, in a stationary standing position, or combined with Tai Chi walking. Help yourself and others manage stress and pain, reduce anxiety, improve sleep, mood, balance, and stamina.

What makes this training different? Certification!

Certification is essential in many settings requiring a Tai Chi practice leader. Upon successful completion of this program you will receive Tai Chi Easy™ Practice Leader Certification through the internationally recognized Institute of Integral Qigong and Tai Chi



(IIQTC).

This Tai Chi Easy™ Practice Leader Training will:

Enrich your life and the lives of others with the powerful gift of Tai Chi Easy™ self-care.

Help you make extra money. There is an increasing need for qualified Tai Chi Easy™ practice leaders in the community.

Teach you how to confidently lead Tai Chi Easy™ practice sessions in a variety of venues. The sages say, “Teach what you hope to learn.”

Who should attend this training?

Ideal for anyone who wants to learn and share health-promoting self-care practices - nurses, mental health workers, mind-body practitioners, fitness instructors, support group facilitators, wellness program staff, teachers, long term care employees...anyone! Reserve your place today.

This training opportunity provided by:



Training thousands to improve the health of millions.

To learn more about the mission of the Healer Within Foundation, please visit healerwithinfoundation.org.

In collaboration with:

Fortier Health Institute

Easy to learn, easy to lead -

Previous Tai Chi experience is useful but not necessary. This highly respected 25-hour training gives you everything you need to confidently lead 30-60 minute Tai Chi Easy™ practice sessions in your community. Join the thousands of trained Practice Leaders nationwide who are seeing dramatic results in their communities and their own lives thanks to the powerful health benefits of Tai Chi Easy™.

21 Nursing CE's: This continuing nursing education activity was approved by the American Holistic Nurses Association (AHNA), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Approval for contact hours through the American Holistic Nurses Association (AHNA) is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

Certification Training Fee:

\$425 Early Bird (save \$74) must register by Oct. 31!

\$499 if registering November 1 – November 10

\$200 refresher fee (past graduates)

Fee Includes: *The Healer Within* book, Electronic access to Practice Leader Training Guide and Video, Practice Leader Certificate, light snacks, refreshments and nursing CE hours. Lunches are on your own.

Travel Information:

Airports -

(IAH) Bush Intercontinental Airport (30 to 40 min.)

(HOU) William P. Hobby Airport (60 to 75 min.)

Hotels near training site -

(Onsite) Embassy Suites, The Woodlands at Hughes

Landing: (281)298-2900; Room block with special pricing. Group Code: HWF; Must reserve by October 10, 2018!

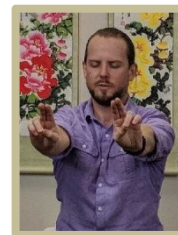
Hyatt Place Houston, The Woodlands: (281)298-4600

More Information:

Michael Fortier, (281)210-8625

fortierhealthspecialist@gmail.com

This Tai Chi Easy™ Practice Leader Training will be conducted by Henderson Smith and Michael Fortier



Lead Trainer, Henderson Smith is the Founder of Living Well Therapies and specializes in teaching (locally, nationally, internationally) Qigong and Tai Chi as the exploration of applied physical, mental and energetic self-mastery. His exploration of Qi (breath or energy) as a medium for healing and maximizing power began with Sei Bu Do Martial Arts under Grand Master Dr. Donald Swansey. Henderson continued his study of Qigong as a system for self-awareness, self-care and self-control earning a 350-hour Professional Certification with the (NQA) and a 200-hour Teacher Certification with the (IIQTC) under Master Teacher Dr. Roger Jahnke. Henderson is committed to holistic wellness solutions that harness the power of our potential to exercise conscious control of our SELF; (our thinking, feeling & doing).

Co-Leader, Michael Fortier as a Holistic Health Specialist is the Founder of the Fortier Health Institute located in the Woodlands, TX. He has been a full time Licensed Massage Therapist MT024346, Licensed Aesthetician, Licensed Massage Therapy Instructor MI2453, Certified Postural Alignment Specialist, Certified Qigong-Tai Chi-Breath Instructor, Certified Fascial Movement (KT Taping) Specialist and Certified Food Healing Advisor serving the community for 20 years. His calling is to empower individuals locally and nationally by promoting Health, Care and Wellness with advanced professional therapies, accessible self-care therapies (Tai Chi & Qigong) for people male and female of all ages from kids to seniors!

Tai Chi Easy™ Practice Leader Training – The Woodlands: Advance Registration is Required!

Register online - HealerWithinFoundation.org/the-training

OR

Send this completed registration form and payment, **postmarked by Nov. 1, 2018** to:

Healer Within Foundation, PO Box 6401, Lincoln, NE. 68506

Name: _____ Email: _____

Address: _____ City: _____

State: _____ Zip: _____ Phone: _____ Nursing CE's Y___ N___

Please check one