

Our Vision: *A world of self-healing, wellness and vitality.*

Our Mission: *Healer Within Foundation advances community-based Qigong/Tai Chi and other self-healing, body-mind-spirit practices through Collaborations with individuals and organizations to sponsor trainings, community practice groups and research.*



Training thousands to improve the health of millions.

Tai Chi/Qigong Practice Leaders - Here is your opportunity to join the



Your support will HELP:

- **Grow a nationwide network of Community Practice Groups (CPG).** Our goal is to assist Practice Leaders in forming and sustaining community practice groups. We will offer an education portal so that you may network and share excitement, techniques, ideas, resources and class information.
- **Increase the number of Tai Chi Practice Leader Certification training events.** Participants learn Tai Chi Easy™ self-care practices for themselves and then lead others in the local community.
- **Sustain HWF Infrastructure and core staff to advance Tai Chi and Qigong and other self-care practices nationally and internationally.** With a working board of dedicated volunteers and a staff of one, HWF operates lean, but is stretching and growing to empower individuals and revolutionize health care!

What you DO:

Lead a CPG, collect \$5 per participant or a freewill offering and donate the proceeds to benefit HWF
OR pledge a monthly donation to the Leadership Circle.

What you RECEIVE:

- An opportunity to “**pay it forward**” by supporting HWF and a very worthwhile mission
- Recognition as a member of HWF Leadership Circle on HWF website and publications
- Opportunity to participate and be recognized in annual Celebrate CPG events
- An invitation to “On the Cloud” educational webinar series
- Spotlight in HWF newsletters, blog and other HWF social media, where you may share healing stories, pictures from CPG or your Leadership Circle commitment story
- Annual recognition in HWF newsletter

What you GIVE:

YES! I want to be added to the **HWF Leadership Circle** and support the HWF mission and sustainability efforts!

I want to volunteer my time leading a CPG, and will send all monies collected to HWF to support the mission.

I want to keep a stipend of \$25 for leading my CPG class and then will send* balance of monies collected to HWF to support the mission.

I want to make a \$_____monthly commitment* to HWF Leadership Circle.

**minimum gift \$25 per month*

Name: _____ Email/Phone: _____

For more information on joining the Healer Within Foundation Leadership Circle, please email completed form to Christie@HealerWithinFoundation.org or mail to:

Healer Within Foundation
PO Box 6401
Lincoln, NE. 68506

The Healer Within Foundation is a 501(C)(3) organization. Your contributions are tax-deductible.