



Join Us As We Celebrate 35 Years of Community Practice Groups!

On November 15, 2017, please join us as we celebrate our Community Practice Groups!

This year marks the 35th anniversary of Santa Barbara's longest ongoing Qigong and Tai Chi Community Practice Group, which began as an offering from Dr. Roger Jahnke's acupuncture clinic. Throughout the group's life, enthusiastic citizens and health patriots gave generously to the community by leading practice or attending these sessions.

Community Practice Groups support the growth and longevity of the ancient self-healing modalities of Qigong and Tai Chi. Small groups of people coming together are key to building healthy communities.

The beautiful and historic Granada Theater will be the setting for our November 15th Community Practice Group celebration!

November 15, 2017
Community Practice Group
Celebration Schedule:

Noon: Welcome & Qi Warm-Up
Josie Weaver, President, Healer Within Foundation & Dennis Furuike, Community Practice Leader for over 25 years

12:30: Presentation Honoring the
Santa Barbara Community Practice
Group

1:00: Special Guest Qigong Instruction
Josie Weaver, Jessica Kolbe, Andrew Ogden,
Dennis Furuike, Dr. Roger Jahnke & Others

2:15: Qi Play, Improvisational Qigong

*Open House: Join us for all
or part of the celebration!*



***Healer Within Foundation
Community Practice Group Celebration
Wednesday, November 15, 2017
Noon to 3:00 pm
Granada Theater
1214 State Street
Santa Barbara, CA.***

*Ample parking in the Granada parking structure behind the theater
Light refreshments will be served. We hope you will join us!*