

Easy to learn, easy to lead -

Previous tai chi experience is useful but not necessary. This highly respected 25-hour training gives you everything you need to confidently lead 30-60 minute Tai Chi Easy practice sessions in your community. Join the thousands of trained Practice Leaders around the globe who are seeing dramatic results in their communities and their own lives thanks to the powerful health benefits of Tai Chi Easy™.

21 Nursing CE's: This continuing nursing education activity was approved by the American Holistic Nurses Association (AHNA), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Approval for contact hours through the American Holistic Nurses Association (AHNA) is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

The Wisconsin Physical Therapy Association has approved this course for 23 CE's.

Certification Training Fee:
 \$450 Early Bird **must register by August 15th**
 \$525 if registering from August 16th - September 11th
 \$225 refresher fee (past graduates)
Fee Includes: *The Healer Within* book, Electronic access to Practice Leader Training Guide and Video, Practice Leader Certificate, morning tea/coffee, healthy lunch daily. *Fee does not include lodging.*

Travel Information:
 Appleton (APL) 21 miles; Madison (MSN) 84 miles;
 Milwaukee (MKE) 94 miles
 Lodging -
 Holiday Inn Express (920)303-1300
 LaQuinta (920)233-4190
 Comfort Suites (920)230-7378

This Tai Chi Easy™ Practice Leader Training will be conducted by Certified Trainer

Lorrie Formella



Lorrie Formella is an IIQTC Tai Chi Easy™ Senior Trainer, Circle of Life Self-Care Wellness Coach and owner of Seasons of Life Empowerment. Lorrie is committed to lifelong learning and providing mind body classes, workshops and retreats that empower people to enhance their health and wellness. She utilizes her talents in mind body practices, psychology, personal development, facilitation and coaching to support people on their empowerment path. Lorrie leads classes, workshops and retreats at various venues in Wisconsin.



HEALTH • VITALITY • INNER PEACE

More Information:
 Lorrie Formella, (920)750-1845
seasonsoflifeempowerment@gmail.com

Tai Chi Easy™ Practice Leader Training: Advance Registration is Required!

Please Register Online - www.HealerWithinFoundation.org/the-training

OR

**Mail this completed registration form and payment, postmarked by September 11th to:
 Healer Within Foundation, PO Box 6401, Lincoln, NE. 68506**

Name: _____ Email: _____

Address: _____ City: _____

State: _____ Zip: _____ Phone: _____ Nursing CE's: Y___ N___ PT CE's: Y___ N___
Please check one

Emergency Contact Information - Name: _____

Phone: _____ Relationship: _____